

SHORT NUTRITIONAL ASSESSMENT FORM

TO BE COMPLETED BY THE OWNER

OWNER'S NAME:

DATE:

PET'S NAME:

AGE:

SPECIES: DOG CAT OTHER GENDER: M F: NEUTERED: ENTIRE:

BREED: WEIGHT (if known):

HOW WOULD YOU SCORE YOUR PET'S BODY CONDITION?

(please refer to the PURINA® Body Condition Score Chart overleaf and tick the relevant score below)

DOG 1-3 4-5 6-7 8-9 CAT 1-3 4-5 6-7 8-9

HAVE THERE BEEN ANY CHANGES TO YOUR PET'S DRINKING HABITS RECENTLY? YES NO

(If yes, please state the changes and over what time period?)

HAVE THERE BEEN ANY CHANGES TO YOUR PET'S APPETITE RECENTLY? YES NO

(If yes, please state the changes and over what time period?)

WHAT TYPE(S) OF PRODUCTS DO YOU CURRENTLY FEED?

(Please tick all that apply and include any treats)

DRY WET POUCH WET CAN HOMEMADE – COOKED HOMEMADE – RAW

OTHER (please state)

PLEASE LIST THE BRAND(S), PRODUCT NAME(S) AND AMOUNT(S) OF ALL FOOD FED, HOW OFTEN THESE FOODS ARE GIVEN AND HOW LONG YOU HAVE BEEN FEEDING THESE. PLEASE INCLUDE ALL MAIN MEALS, TREATS, DENTAL PRODUCTS AND SUPPLEMENTS.

FOOD (brand, product name) AMOUNT FREQUENCY OF FEEDING WHEN YOU STARTED FEEDING THIS FOOD

WHAT TEXTURE FOOD(S) DOES YOUR PET PREFER?

(Please tick all that apply)

JELLY GRAVY DRY/CRUNCHY CHUNKS PATÉ

OTHER (please state)

HAVE THERE BEEN ANY CHANGES TO YOUR PET'S TOILETING HABITS RECENTLY? YES NO

(E.g urinating more frequently. If yes, please state the changes and over what time period?)

HOW WOULD YOU CHARACTERISE YOUR PET'S STOOL?

(please refer to the PURINA® Faecal Scoring Chart overleaf and tick the relevant score below)

1 2 3 4 5 6 7

TO BE COMPLETED BY THE VETERINARY TEAM

NO FURTHER ACTION REQUIRED

NURSE NUTRITIONAL CONSULTATION BOOKED

REFERRAL TO VET

COMPLETION OF EXTENDED NUTRITIONAL ASSESSMENT FORM REQUESTED

BODY CONDITION SCORE CHART

	<p>UNDERWEIGHT (Levels 1, 2, 3)</p> <p>1</p> <ul style="list-style-type: none"> Ribs, lower vertebrae and other bones look prominent from a distance No body fat can be seen Clear loss of muscle mass <p>2</p> <ul style="list-style-type: none"> Ribs, lower vertebrae and pelvic bones are very visible No body fat can be felt Some bones are prominent Some loss of muscle mass <p>3</p> <ul style="list-style-type: none"> Ribs can be felt easily and may be visible with no fat covering The tops of lower vertebrae are visible, and pelvic bones are becoming prominent Clear waist and abdominal tuck
	<p>IDEAL (Levels 4, 5)</p> <p>4</p> <ul style="list-style-type: none"> Ribs can be felt easily, with minimal fat covering Waist easily seen when viewed from above Clear abdominal tuck <p>5</p> <ul style="list-style-type: none"> Ribs can be felt without much fat covering them Waist can be seen behind ribs when viewed from above Abdomen tucked up when viewed from side
	<p>OVERWEIGHT (Levels 6, 7, 8, 9)</p> <p>6</p> <ul style="list-style-type: none"> Ribs can be felt, but slight excess of fat covering them Waist can be seen from above, but not clearly Abdominal tuck can be seen <p>7</p> <ul style="list-style-type: none"> Ribs are hard to feel because of heavy fat cover Clear fat deposits over lower spine and base of tail Waist is barely visible Abdominal tuck might be visible <p>8</p> <ul style="list-style-type: none"> Ribs not palpable under very heavy fat cover, or palpable only with significant pressure Heavy fat deposits over lumbar area and base of tail Waist absent No abdominal tuck Obvious abdominal distention may be present <p>9</p> <ul style="list-style-type: none"> Massive fat deposits over thorax, spine and base of tail Waist and abdominal tuck absent Fat deposits on neck and limbs Obvious abdominal distention

	<p>UNDERWEIGHT (Levels 1, 2, 3, 4)</p> <p>1</p> <ul style="list-style-type: none"> Ribs visible on shorthaired cats No fat can be felt Severe abdominal tuck Lower vertebrae and wing of ilia can be easily felt <p>2</p> <ul style="list-style-type: none"> Ribs easily visible on shorthaired cats Lower vertebrae are clear with minimal muscle mass Pronounced abdominal tuck No fat can be felt <p>3</p> <ul style="list-style-type: none"> Ribs easily felt with minimal fat covering Lower vertebrae obvious Clear waist behind ribs Minimal abdominal fat <p>4</p> <ul style="list-style-type: none"> Ribs can be felt with minimal fat covering Noticeable waist behind ribs Slight abdominal tuck Abdominal fat pad absent
	<p>IDEAL (Level 5)</p> <p>5</p> <ul style="list-style-type: none"> Ribs can be felt without much fat covering them Waist can be seen behind ribs when viewed from above Abdomen tucked up when viewed from side
	<p>OVERWEIGHT (Levels 6, 7, 8, 9)</p> <p>6</p> <ul style="list-style-type: none"> Ribs can be felt, but slight excess of fat covering them Waist can be seen from above, but not clearly Abdominal tuck can be seen <p>7</p> <ul style="list-style-type: none"> Ribs are hard to feel because of heavy fat cover Clear fat deposits over lower spine and base of tail Waist is barely visible Abdominal tuck might be visible <p>8</p> <ul style="list-style-type: none"> Ribs not palpable with excess fat covering Waist absent Obvious rounding of abdomen with prominent abdominal fat pad Fat deposits present over lumbar area <p>9</p> <ul style="list-style-type: none"> Ribs not palpable under heavy fat cover Heavy fat deposits over lumbar area, face and limbs Distension of abdomen with no waist Extensive abdominal fat deposits

FAECAL SCORING CHART



SCORE 1

Very hard and dry; often expelled as individual pellets; requires much effort to expel from body; no residue left on ground when picked up.



SCORE 2

Firm, but not hard; pliable; segmented in appearance; little or no residue on ground when picked up.



SCORE 3

Log-shaped; little or no visible segmentation; moist surface; leaves residue on ground, but holds form when picked up.



SCORE 4

Very moist, soggy; log-shaped; leaves residue and loses form when picked up.



SCORE 5

Very moist, but has a distinct shape; piles rather than distinct logs; leaves residue and loses form when picked up.



SCORE 6

Has texture, but no defined shape; present as piles or spots; leaves residue when picked up.



SCORE 7

Watery; no texture; flat puddles.

Faecal consistency is primarily influenced by the amount of moisture in the stool and can be used to identify changes in intestinal health and other problems. Ideally, in a healthy animal, stools should be firm but not hard, pliable and segmented, and easy to pick up (Score 2).